

LARS Grocery List

January 2023

Breads

- Sliced bread *
- Bagels
- English muffins
- Tortillas *
- Pita bread

Breakfast Items

- Cold cereal *
- Oatmeal
- Grits
- Granola
- Pancake Mix *

Drinks

- Coffee (instant or ground *)
- Tea
- Juice
- Shelf-stable milk *
- Drink mixes

Sauces & Oils

- Cooking oil *
- Olive oil *
- Salad dressing
- Pasta sauce *
- Pancake syrup *
- BBQ sauce
- Hot sauce

Pasta / Grains

- White rice *
- Brown Rice *
- Dry beans *
- Quinoa
- Pasta: (spaghetti, elbow, penne)
- Lentils *
- Mac-n-Cheese *
- Ramen *
- Cup Noodles *

Baby Items

- Wipes *
- Diapers (size 5 & 6) *
- Pull-Ups (2t-5t) *
- Formula
- Jar food
- Lotion
- Rash cream

Cans/Jars

- Tuna
- Fruits
- Vegetables
- Jelly *
- Peanut butter
- Soup
- Chili *
- Tomato sauce *
- Ravioli *

Condiments

- Ketchup *
- Mayonnaise *
- Mustard
- Ranch Dressing
- Salt *
- Pepper
- Honey

Toiletries

- Soap *
- Toothpaste *
- Floss
- Shampoo *
- Conditioner *
- Shaving cream
- Deodorant *
- Feminine hygiene products (all kinds)

On-the-Go

- Tuna salad kits *
- Sanitizing kits *
- Shower kits

Snacks

- Chips
- Cookies
- Crackers *
- Granola bars *
- Raisins
- Fruit cups
- Fruit snacks *
- GoGo Squeeze Yogurtz
- Nuts

Baking

- All-Purpose Flour
- Maseca flour *
- Pancake mix *
- Sugar *

Household

- Garbage bags
- Detergent *
- Dish soap *
- Sandwich bags
- Disinfectant wipes
- Toilet paper *
- Paper towels
- Aluminum foil



Most requested items *

DONATION DROP OFF HOURS:

- M/T/W/Th/F 9am-2pm and
- M evenings 5pm-7:30 pm

FOR QUESTIONS:

Contact LARS
301-776-0442 x1052