

# LARS Grocery List

## February 2023

### Breads

- Sliced bread \*
- Bagels
- English muffins
- Tortillas \*
- Pita bread

### Breakfast Items

- Cold cereal \*
- Oatmeal \*
- Grits
- Granola
- Pancake Mix \*

### Drinks

- Coffee (instant or ground)
- Tea
- Juice \*
- Shelf-stable milk \*
- Drink mixes

### Sauces & Oils

- Cooking oil \*
- Olive oil \*
- Salad dressing
- Pasta sauce \*
- Pancake syrup \*
- BBQ sauce
- Hot sauce

### Pasta / Grains

- White rice \*
- Brown Rice \*
- Dry beans \*
- Quinoa
- Pasta: (spaghetti, elbow, penne) \*
- Lentils
- Mac-n-Cheese \*
- Ramen \*
- Cup Noodles \*

### Baby Items

- Wipes \*
- Diapers (size 5 & 6) \*
- Pull-Ups (2t-5t) \*
- Formula
- Jar food
- Lotion
- Rash cream

### Cans/Jars

- Tuna \*
- Fruits
- Vegetables
- Jelly \*
- Peanut butter
- Soup
- Chili
- Tomato sauce \*
- Ravioli \*

### Condiments

- Ketchup \*
- Mayonnaise \*
- Mustard \*
- Ranch Dressing
- Salt
- Pepper
- Honey

### Toiletries

- Soap \*
- Toothpaste \*
- Floss
- Shampoo \*
- Conditioner \*
- Shaving cream
- Deodorant \*
- Feminine hygiene products (all kinds)

### On-the-Go

- Tuna salad kits \*
- Sanitizing kits \*
- Shower kits

### Snacks

- Chips
- Cookies \*
- Crackers \*
- Granola bars \*
- Raisins
- Fruit cups
- Fruit snacks \*
- GoGo Squeeze Yogurtz
- Nuts

### Baking

- All-Purpose Flour
- Maseca flour \*
- Pancake mix \*
- Sugar \*

### Household

- Garbage bags
- Detergent \*
- Dish soap \*
- Sandwich bags
- Disinfectant wipes
- Toilet paper \*
- Paper towels
- Aluminum foil



Most requested items \*

### DONATION DROP OFF HOURS:

- M/T/W/Th/F 9am-2pm and
- M evenings 5pm-7:30 pm

### FOR QUESTIONS:

Contact LARS  
301-776-0442 x1052