

14th Annual

TURKEY TROT

5K

Thanksgiving Morning 11/22/18 • 8 am • McCullough Field • Laurel, MD

\$30 Through Sept 30 • \$35 Oct 1 - 31 • \$40 Nov 1 - Race Day

Completed registration forms and payment can be mailed or dropped off to:

LARS / 311 Laurel Ave / Laurel, MD 20707

*Checks payable to LARS

REGISTER TODAY!

First Name: _____

Last Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: (_____) _____ - _____

Email: _____

Birthdate: ____/____/____

Sex: M F

Event: 5K Run 1 Mile Walk Sleepwalker

Upgrade to Technical T-Shirt \$5:

T-Shirt Size: S M L XL XXL

Waiver & Release: In consideration of your accepting my entry, I, intend to be legally bound for myself, my heirs, my executors, and administrators, do hereby release and discharge Laurel Advocacy and Referral Services, Inc., First Generation College Bound, The City of Laurel, and all other contributors from any and all liability arising from illness, injury, and damages that I may suffer as a result of my participating in this event. I also understand that any sponsors may use for publicity of this event, my name and/or picture without any obligation or liability to me.

Signature: _____

Date: _____

(Parent or guardian must sign for participants under 18)

BRING A FRIEND!

First Name: _____

Last Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: (_____) _____ - _____

Email: _____

Birthdate: ____/____/____

Sex: M F

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All proceeds benefit Laurel Advocacy & Referral Services, Inc. (LARS), a local non-profit serving homeless and low-income people in Laurel.