



# ***Most helpful items:***

*Please remember to check expiration dates before donating! We cannot accept anything that is expired or opened.*

- **Cereal**
- **Pancake mix**
- **Oatmeal**
- **Peanut butter**
- **Jelly**
- **Rice**
- **Mac & cheese**
- **Pasta sauce**
- **Canned meat**
- **Canned soup**
- **Canned fruit**
- **Shelf-stable milk**
- **Cooking oil**
- **Granola bars**

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**Donations can be dropped off to LARS:**

**311 Laurel Ave, Laurel MD 20707**

**M/W/F 9am-2pm**

**M 5-7:30pm**

**Questions about donating food or starting a food drive?**

**Contact Jazmin Haley-Warren at**

**[jwarren@laureladvocacy.org](mailto:jwarren@laureladvocacy.org) or 301-776-0442 x1032**